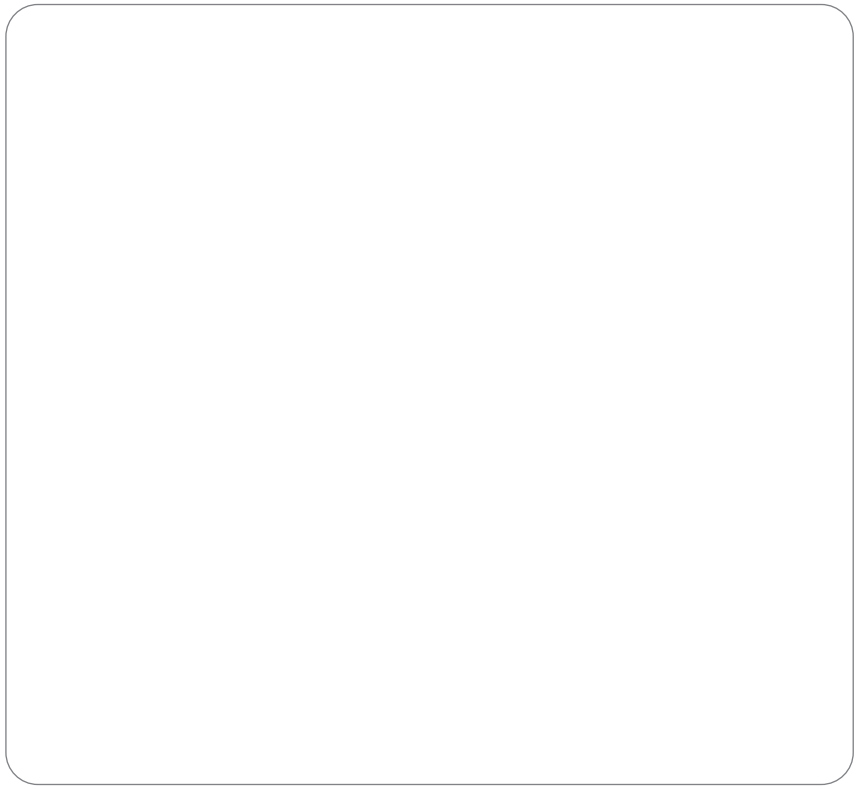
CULTIVATING THE VIRTUES

Disciple of Christ, Education in Virtue®

MASTERING WITH TEMPERANCE

NAME:



MEANING

Attention to balance in one's life

DISCIPLE of CHRIST

EDUCATION IN VIRTUE®

WAYS TO CULTIVATE

MODERATION