

CULTIVATING THE VIRTUES

Disciple of Christ, Education in Virtue®



NAME: _____

MODERATION



MASTERING
WITH TEMPERANCE

MEANING:

Attention to balance in one's life

OPPOSING TRAIT:

Giving in to being excessive in one or more areas
of one's life

Draw a picture of a situation where it could be hard to practice moderation.

Describe your picture.



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