


CULTIVATING THE VIRTUES

Disciple of Christ, Education in Virtue® 

NAME: _____

MODERATION



MEANING:

Attention to balance in one's life

LOOKS LIKE:

Resist the desire to play during work time in class
or at home.

SOUNDS LIKE:

"No thank you, I have had enough."

Draw a picture of what it looks like to practice the virtue of moderation.

LOOKS LIKE



What would moderation sound like in your picture?

SOUNDS LIKE



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